

LIVE HEALTHY LITTLE HAVANA PRESENTS THE SECOND ANNUAL

LIVE HEALTHY

BIKE RIDE

2
JUNE

9:00am to 2:00pm

Jose Marti Park
351 SW 4th Ave,
Miami, FL 33144

JOIN US FOR A COMMUNITY BIKE RIDE TO
GET PHYSICALLY ACTIVE, GAIN BIKE SAFETY
TIPS AND EXPERIENCE LITTLE HAVANA PARKS.
ALL AGES AND SKILL LEVELS WELCOMED.



live
healthy
little havana



(Bike 9:00am-11:00am)

9:00 am - 9:30am: Registration, Free helmet & Bike Rentals

Jose Marti Park: Bike Safety & Rodeo

9:30am: Bike Ride Starts! Jose Marti Park

Stop 1: Sewell Park: Yoga/water station

Stop 2: Marlins Park

Stop 3: Henderson Park

Stop 4: Riverside Park

11:00 am Bike Ride ends at Jose Marti Park

(Walk 9:00am-11:00am)

• Jose Marti Park: Walk Safety Tips

**9:30am: Walk Starts
at Jose Marti Park**




• Stop 1: Riverside Park - Cool down

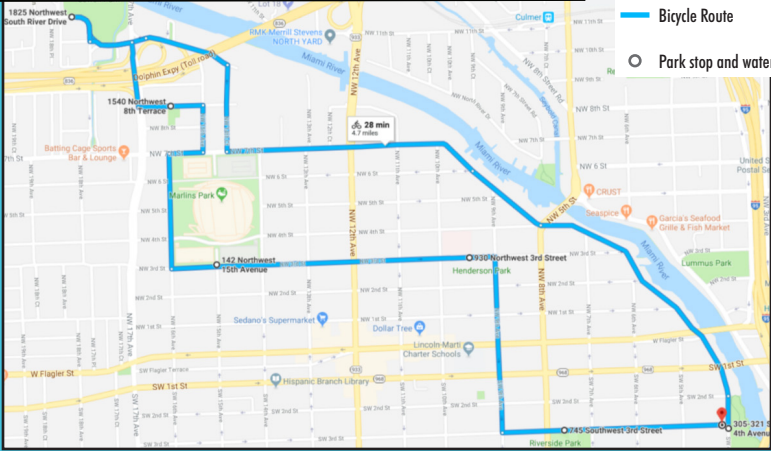
**11:00am: Walk ends
at Jose Marti Park**

Community Health Initiative 10:00am-2:00pm
Bounce houses, Zumba, Oversized games, Cooking Demonstration,
Paella, Arts & Crafts, Fire Rescue and much more.




BIKE EVENT ROUTE

Route distance approx. 4 miles

-  Starting and Ending point
-  Bicycle Route
-  Park stop and water



WALKING ROUTE

-  Starting and Ending point
-  Walking Route
-  Park stop and water



Route distance approx. 2 miles



For more information about the event and contributing partners, please visit www.livehealthylittlehavana.com